

INGREDIENTS

2/3 cup unsalted butter
½ cup castor sugar
1 egg, beaten
1 tsp vanilla
½ cup milk
2 cups frozen mixed berries
1 cup unbleached flour
¼ cup almond meal
1 tsp baking powder



PREPARATION

Beat butter, sugar and vanilla until pale and creamy.

Add the egg and beat.

Add 1 cup of flour, almond meal, baking powder and milk and beat until just incorporated.

Add 1 cup flour to frozen berries and mix well. Fold into wet mixture.

Divide mixture into 8 ramekins and place in solid container. Fill container with 2 cups of water and cover with foil.

Steam at 212 F for 45 minutes.

Serve with vanilla ice cream or whipped cream.